

The Van Nuys News Press The Government Center Gazette

Thursday, January 3rd, 2013 | Posted by [George Thomas](#)

Bicycle Adventures Announces New-for-2013 Tours

ISSAQUAH, WASHINGTON — Bicycle Adventures www.bicycleadventures.com, a Pacific Northwest-based active travel company specializing in two-wheel tours in North America, Hawaii (the Big Island) and New Zealand, announces new tours for 2013 inclusive of a celebrity coach-led training tour in January in Hawaii, and, for the first time, tours in southern Colorado, South Dakota and Pennsylvania.



Hawaii Training Tour (Classic Plus) departs Jan. 26 for an eight day/seven night program beginning and ending in Kona. Designed for intermediate to advanced cyclists, participants will pedal up to 60 miles daily with celebrity coach **UCI Pro Team Champion System's Craig Lewis**. Equipped with experience and anecdotes from teams Garmin, HTC and Asia's Champion Systems, Lewis will share his World Tour Pro training tips and sommelier skills. Todd Starnes of Bicycle Adventures shares coaching

duties. A sports scientist, Starnes has coached endurance athletes of all ages and abilities including world champion cyclists, Ironman winners and Olympic Medalists for over 25 years. The per person double rate of \$3,760 includes lodging, most meals and daily coaching including in Volcanoes National Park. See: <http://bicycleadventures.com/tours/classic-plus-bike-tours/Hawaii-Training-Tour—NEW!>

Delaware Valley Classic departs May 6 and 13 for weeklong tours of historic Bucks County, PA. "Pure cycling heaven!" as the company describes it, cyclists are treated to history-lined roads; forested hillsides; covered bridges and vistas of the Delaware River and Bucks County. The per person double rate of \$2,250 includes lodging and most meals. This trip begins and ends in Newark, NJ. See: <http://bicycleadventures.com/tours/classic-bike-tours/Delaware-Valley-Bike-Tour—NEW!>

Oregon's Covered Bridges Classic departs on June 23 and July 17 for a six-day immersion in the landscapes near the headwaters of Oregon's Willamette River whose tributaries are spanned by historic covered bridges. The per person double rate of \$1,995 includes lodging, most meals and wine tastings. The trip begins and ends in Eugene. See: <http://bicycleadventures.com/destinations/oregon-bike-tours/Oregon's-Covered-Bridges—NEW!>

Empire Builder Epic departs July 6 and Aug. 17 for 10 days of serious cycling (70-100 miles a day) through Washington, Idaho and into Glacier National Park in Montana. The return to Seattle, where the trip begins, is via Amtrak's Empire Builder train, in private sleeping cars. The per person double rate of \$3,595 includes lodging, most meals and a one-way train fare. See: <http://bicycleadventures.com/tours/epic-bike-tours/Empire-Builder-Epic—NEW!>

Seattle Sampler departing July 17 and Aug. 14 is a five day cycle to and from Seattle interspersed with islands and wineries. The per person double rate of \$2,175 includes lodging and most meals. See: <http://bicycleadventures.com/tours/classic-bike-tours/Seattle-Sampler—NEW!>

Southern Colorado Classic Plus explores the Four Corners region of Colorado, from Gunnison to Grand Mesa, the San Juan Mountains and Durango beginning and ending in Grand Junction, CO. The trip departs July 27 for seven full days of touring. For intermediate to advanced cyclists, the average daily ride is 67 mountainous miles. The per person double rate of \$2,695 includes lodging and most meals. See: <http://bicycleadventures.com/tours/classic-plus-bike-tours/Southern-Colorado—NEW!>

Washington Wine Country Classic is an oenophile's dream itinerary. For six days on Aug. 11, Sept. 1 and Sept. 22 cyclists tour the wineries east of the Cascades. The per person double rate of \$2,495 includes wine tastings, lodging and most meals. This trip starts and ends in Seattle. See: <http://bicycleadventures.com/tours/classic-bike-tours/Washington-Wine-Country—NEW!>

Mt Rushmore & Badlands Classic departing Sept. 2, 8 and 22 spans six days in the sacred Black Hills and surrounding Badlands, arriving and departing from Rapid City, SD. The per person double rate of \$2,095 includes lodging and most meals. See: <http://bicycleadventures.com/tours/classic-bike-tours/Mt.-Rushmore-&-Badlands—NEW!>

For more information, availability and reservations contact Bicycle Adventures by phone: 800.443.6060, email: office@bicycleadventures.com or visit online at: <http://bicycleadventures.com/>.

About Bicycle Adventures - North America's Premier Bicycle Touring Company™ Scenic byways, four and five-star accommodations and local dining and visits to National Parks are trademarks of Bicycle Adventures, founded in 1984. Types of tours include **Classic** (25-50 miles a day), **Classic Plus** (50-60 miles a day) and **Epic** (70+ miles a day with the most demanding terrain). Value-driven **Casual** category trips offer budget-conscious lodging and meals, with the same full van support.



Pre-set and **custom** tours embrace the Pacific Northwest into Canada, California and the Southwest, as well as South Dakota, New Jersey, Pennsylvania, Colorado, Hawaii and New Zealand. Excelling in its own backyard the Issaquah, WA-based company conducts tours of Washington State's wine country and offers **Pub and Pedal** programs focused on the craft beer industry in California, Oregon and Washington.